



Porth Meudwy

Llŷn Peninsula

“The Llŷn Peninsula and Snowdonia (“Eryri” in Welsh), the mountainous region in north western Wales and a national park is a very special place and I believe a unique part of Wales. It has everything, sandy beaches, craggy coves and seaside towns that bustle with tourists and locals alike.”

RHYS ROBERTS, Wales Coast Path Officer, Llŷn Peninsula.

Pwllheli to Aberdaron

A wild and beautiful area with a peninsula that stretches into the Irish Sea. It offers a rich and unique heritage of traditional farmsteads, little ports, long sandy beaches, bays, sea-cliffs and headlands.

Enjoy this 3-day adventure by basing yourself at Pwllheli, alternatively stay en route near the settlement at the end of each day.

Getting there

There is a direct, stopping train to Pwllheli from Birmingham and Shrewsbury.

Suggested base

Pwllheli is a bustling coastal town on the edge of an Area of Outstanding Natural Beauty and ideal location from which to explore.

Accommodation

There is a variety of accommodation available.

pwllheli.org.uk/stay.html

To stay on route:

visitsnowdonia.info/accommodation-snowdonia-and-llyn-north-wales

Eating Out

There is a great selection of restaurants, cafes, pubs and takeaways in Pwllheli.

hafanpwllheli.co.uk/more/eat.html



Llŷn Peninsula

Terrain

The Wales Coast Path follows many different types of surface from flat sandy beaches to rugged clifftop paths. You should wear clothing appropriate to the terrain and to the predicted weather. For more safety advice go to our website:

walescoastpath.gov.uk/plan-your-visit/wales-coast-path-safety-advice/?lang=en

Difficulty

A moderate level of fitness and confidence is required.

Public Transport

Details of transport are with each walk, but please check for times on Travel Line Cymru traveline.cymru or National Rail nationalrail.co.uk or Transport for Wales tfwrail.wales

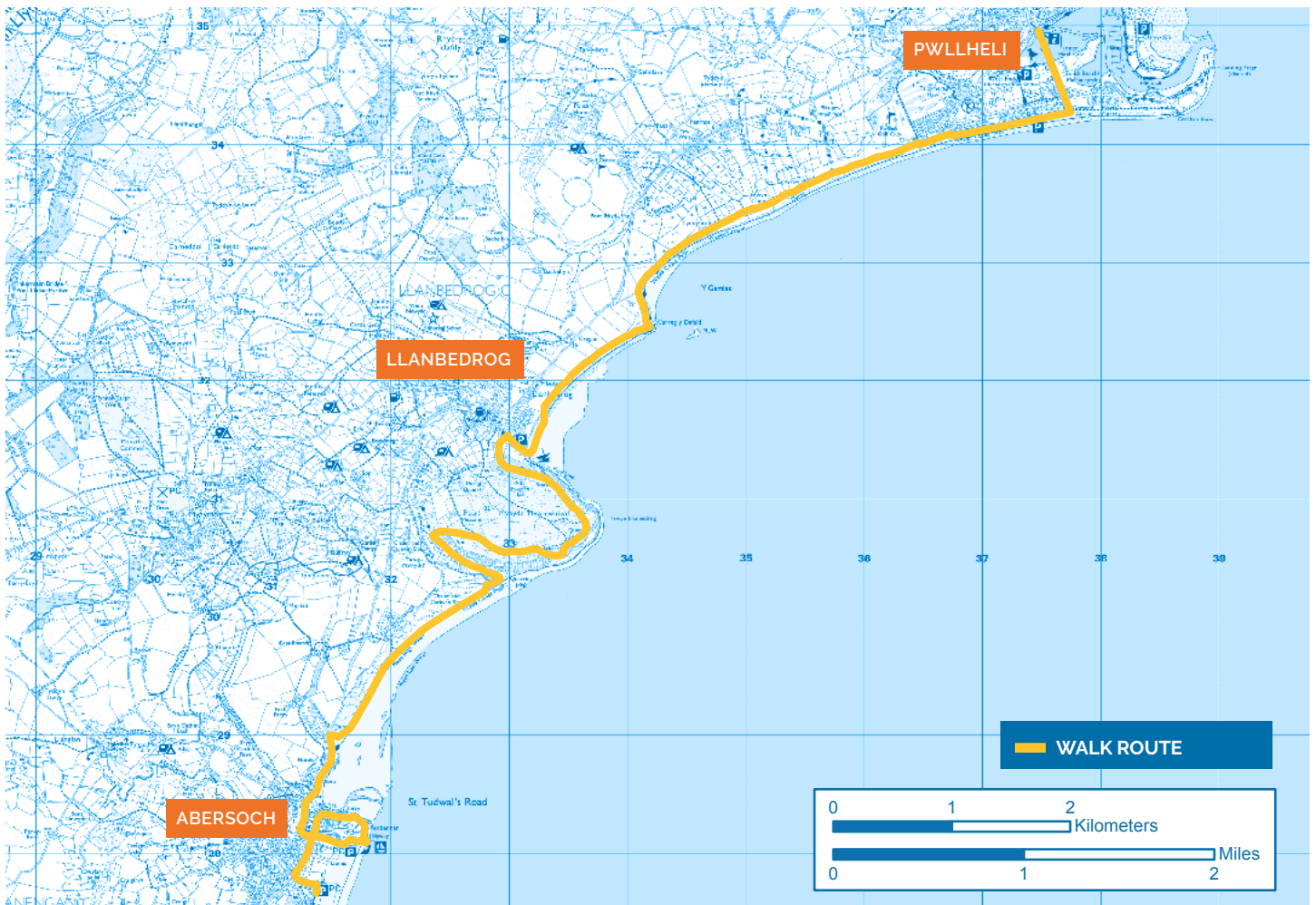
Bus – Bws Arfordir Llŷn

This seasonal bus service is perfect for Wales Coast Path walkers, running 5 days a week from April to October from Trefor to Llanbedrog, with a bookable hail and ride service available. bwsarfordirllyn.co.uk/

Baggage Handlers

For those wanting to stay en route, take the strain out of the journey by using luggage handlers to transfer your luggage to your next stop.

walescoastpath.gov.uk/plan-your-visit/planning-carrying-help/?lang=en



Pwllheli to Abersoch 9 miles

Enjoy long sandy beaches, stunning arts and heritage and expansive views over Cardigan Bay.

Start

Make your way to the sea front with the Marina to your left to join the Wales Coast Path. Turn right and follow the path adjacent to the long sandy beach towards Llanbedrog, with its famous colourful beach huts. There is a shop and café here where you might want to treat yourself an ice-cream! Usefully there are public toilets nearby, which get great reviews!

The Wales Coast Path passes Plas Glyn Y Weddw Gallery, this is a stunning arts and heritage centre housed in an impressive grade II Gothic Victorian mansion with beautiful grounds and a café, ideal to pick up your lunch. It nestles under the Llanbedrog headland with stunning views and even better, it is free to visit!

To continue on the walk, climb up through the woods from the gallery to visit the "Tin Man", a metal sculpture who sits at the top of Mynydd-Tir-y-cwmwd headland and watches over the beach below. The steps may be a little steep but the views from the top more than make up for the effort!

Follow the headland and enjoy the views.

On your descent follow the path down, turn left onto a minor road and follow the path to the clean sandy beach known as Quarry beach or Traeth Chwarel. Continue on this beach to Abersoch with expansive views over Cardigan Bay.

If time and energy allow, you'll find an abundance of things to do in Abersoch. For the very active there is sailing, windsurfing, jet skiing and canoeing. For those happy to reflect on their walk there is a café that overlooks the beach, a picnic area, a shop, and public toilets.

Return to base Bus

There is a direct bus route (number 18) back to Pwllheli that takes approximately 15 mins. Times vary and before you leave Pwllheli it's worth checking the timetable for the time of the last bus back.

traveline.cymru



Abersoch to Hells Mouth 9.5 miles

The coastline here is particularly glorious, surrounded by a backdrop of the Snowdonia mountains.

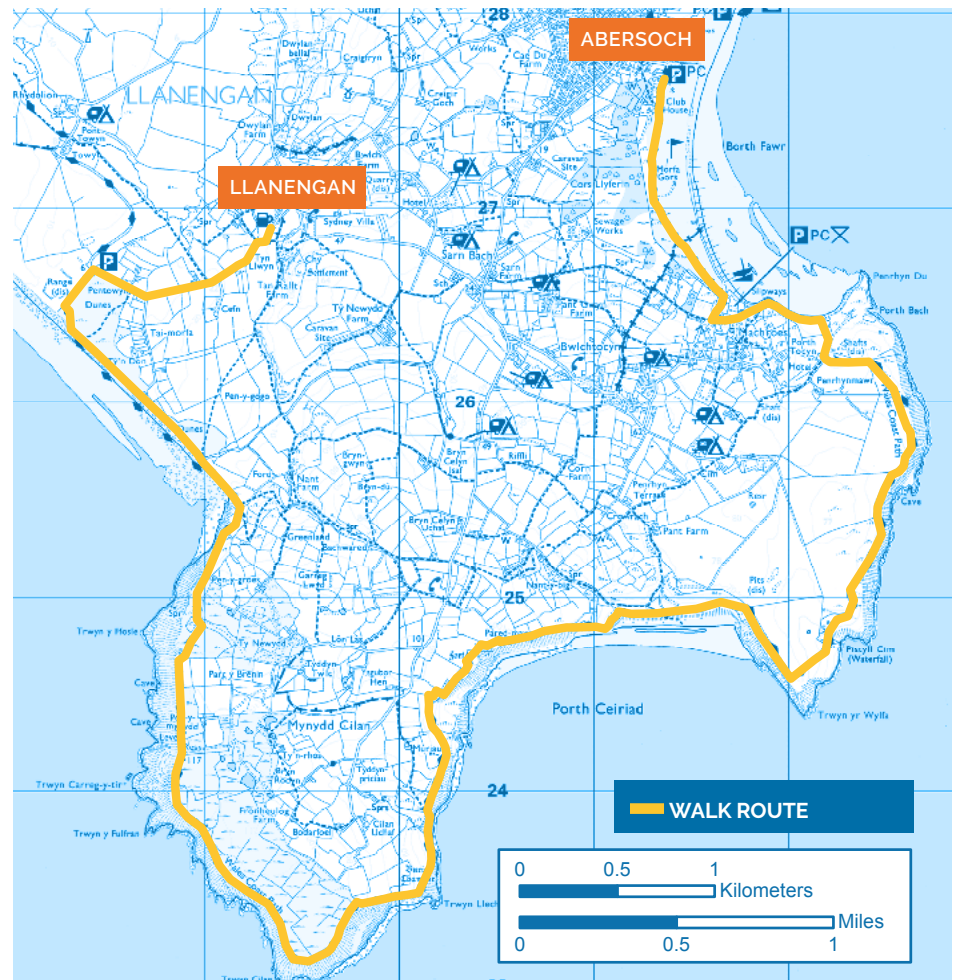
Start

Start at the family-friendly beach of Borth Fawr in Abersoch. With the sea in front of you turn right. The Wales Coast Path runs inland across the golf course, behind the dunes that edge the beach but if the tide is out enjoy the sweep of golden sand until you reach the slipway at Machroes.

Looking back at this point, you'll see the green headland of Mynydd Tir-y-Cwmwd.

At Machroes slipway you'll find a beach café and toilets that you might want to take advantage of (as the rest of the walk is quite remote). Just before a boatyard at Machroes, where the path reaches a junction, turn right and very soon, left, briefly through a wooded area. Continue on the path which will edge the beach again before heading briefly inland. Very soon you'll take another left which returns you to the coastline, where you'll remain for the rest of the walk.

The coastline here is particularly glorious, surrounded by a backdrop of the Snowdonia mountains, the path climbs high above the sea. If you're in luck the gorse will be flowering and even on a dull day the sea beams blue and is home to dolphins and grey seals. Out to sea are St Tudwal's Islands. On one stands a lighthouse, on the other the remains of a priory. The path runs high above the sea here and you'll be exposed to the elements so be sure to pack appropriately for the predicted weather. Follow the path around the next headland and you'll reach Porth Ceiriad beach. A more remote beach than Borth Fawr, there is a path down to it and, depending on the weather, it is an enjoyable setting for a picnic. Savour the tranquillity that this stretch of coast offers as you continue past a small ancient burial chamber at Trwyn Llech-y-doll.



Once around the next headland the sea almost fills the view – this is Hell's Mouth, a vast bay and a haven for surfers!

Here the path becomes more remote, it clutches to the slope of the hill by means of a narrow path with steep cliffs below. The path can be rocky and rough in places so take care. After crossing a couple of small streams, continue down the slope of the hill where the path now follows a lower cliff down to the beach.

Follow the Wales Coast Path to Pentowyn Dunes and turn right to the carpark and then turn right onto the road to Llanengan, passing the village pub where you can catch the bus back to base.

Transport to the start

Bus

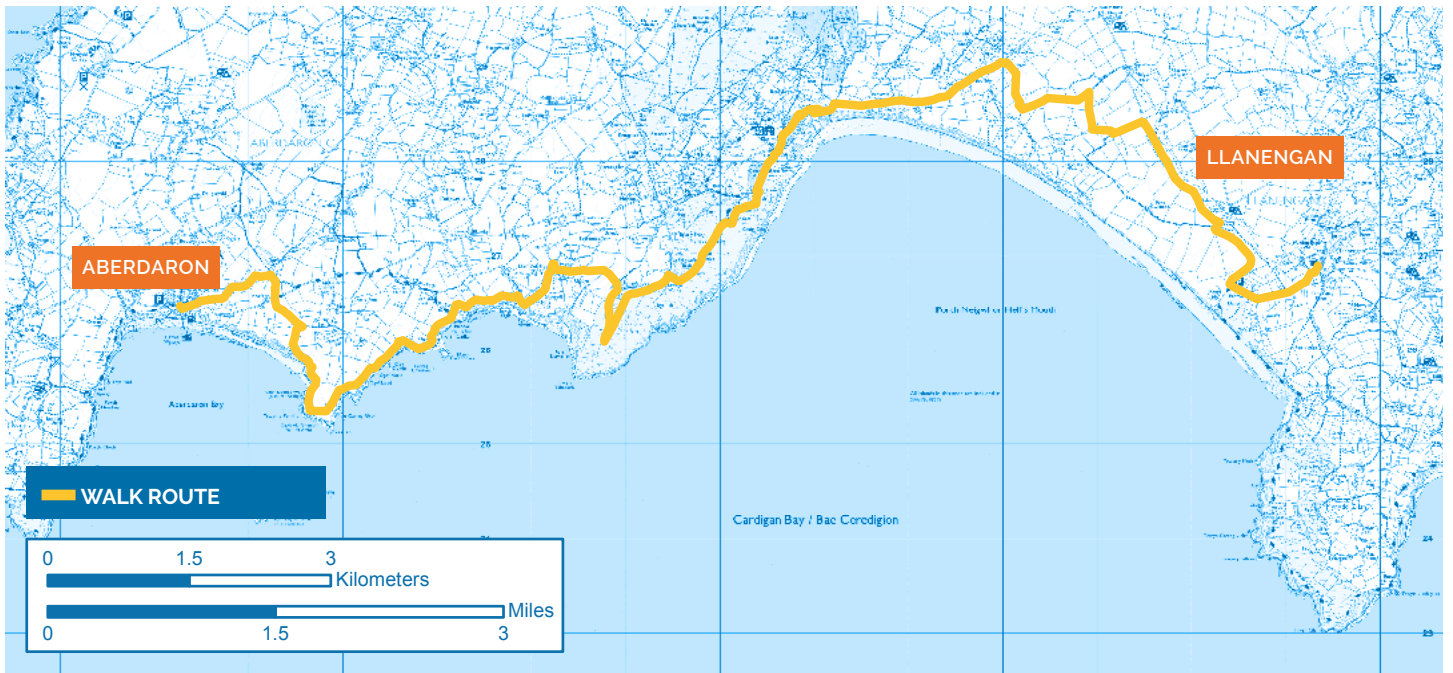
Take the number 18 bus from the bus station in Pwllheli to Abersoch. The journey takes approximately 15 mins. Times vary so please check the timetable before you set off.

Return to base

Bus

Take the number 18 bus from Canolfan, Llanengan Road, Llanengan back to Pwllheli. The journey takes approximately 25 minutes. Times vary and buses are not regular so please check for the time of the last bus back to Pwllheli before you set off.

traveline.cymru



Hells Mouth: Llanengan to Aberdaron 12.5 miles

Enjoy the vastness of Hell's Mouth, the glorious Plas yn Rhiw and a beautiful walk passing historic earth works of hut circles.

Start

From leaving the bus at Llanengan make your way to the car park at Hell's Mouth, take the Wales Coast Path to the right, inland. The path zig zags through lush farmland until you reach a narrow road. Turn left and follow the road which is fairly narrow but it does not last long and is the means of getting to the next bit of the walk that will inspire and delight.

The road will bring you to Plas yn Rhiw, in part, a 16th century manor house set in extensive gardens and now owned by the National Trust. The house was restored from a neglectful past by three sisters, who bought it in 1938. The views from the grounds and gardens across Cardigan Bay are spectacular and well worth a visit.

After Plas yn Rhiw continue ahead, leaving the road that veers to the right and continue on the signed track path towards the sea.

This beautiful unspoilt section is access land and owned by the National Trust. You will pass historic earth works of hut circles as the path steadily climbs, leaving the vastness of Hell's Mouth dwindling in the distance.

From the brow of the hill you will see another coastline ahead but continue along the path and around the final headland of your walk. Mynydd Penarfynydd, marks the summit a stony heathland with sea to both sides and on a clear day you can see Snowdon and Cader Idris.

The Path now turns inland and joins a road for a short time before it dips into Porth Ysgo, a pretty, sheltered, sand and shingle cove. Here you will pass an old manganese workings. The waterfall of Pistyll y Gaseg is behind the beach; at its best after a bout of heavy rain.

The next stretch of the walk follows the cliff tops above more waterfalls, caves and geological intrigues. The cliffs are quite high, and you will be unable to access the beach but, in the distance, you can see your final destination Aberdaron. At this point the path turns inland again, crosses a road to join a track which takes a left, along the side of the Afon Daron which joins the sea at the tiny former fishing village of Aberdaron. After spending some time on the gorgeous beach there make your way to catch the bus back to base.

Transport to the start

Bus

Take the number 18 bus from Pwllheli to Canolfan, Llanengan Road, Llanengan. The journey takes approximately 25 minutes. Times vary and buses are not regular so please check times before you set off.

traveline.cymru

Return to base

Bus

Take the number 17B bus from the Post Office at Aberdaron back to Pwllheli. The journey takes approximately 40 minutes. Times vary and buses are not regular so please check for the time of the last bus back to Pwllheli before you set off.

traveline.cymru



Braich y Pwll



Plas yn Rhiw



Aberdaron

Llŷn Peninsula Additional Attractions for your stay

Plas yn Rhiw

The Wales Coast Path passes this delightful manor house with ornamental garden and wonderful views belonging to the National Trust. The house was rescued from neglect and lovingly restored by the three Keating sisters, who bought it in 1938. The views from the grounds and gardens across Cardigan Bay are among the most spectacular in Britain. The house is 16th-century with Georgian additions, and the garden contains many beautiful flowering trees and shrubs, with beds framed by box hedges and grass paths. It is stunning whatever the season.

nationaltrust.org.uk/plas-yn-rhiw

Abersoch Sailing School

Hire a dinghy, kayak or pedalo and explore Abersoch Bay against a backdrop of amazing scenery of the beautiful Snowdonia mountain range.

facebook.com/AbersochSailingSchool/

Bardsey Island

Bardsey Island, a wild Welsh island 2 miles off the Llŷn Peninsula with rich wildlife, dramatic coastline and fascinating history. Boat trips for a 3-4 hour visit to the island leave from Porth Meudwy near Aberdaron.

bardsey.org

Plas Glyn Y Weddw Gallery

This stunning arts and heritage centre is situated in Llanbedrog on the picturesque Llŷn Peninsula. Housed in an impressive grade II Gothic Victorian mansion, it's the perfect location to view and buy contemporary Welsh art, enjoy an outdoor theatre performance or just simply sample a delicious home-made cake.

oriel.org.uk